

2026 PREPARED CHILDBIRTH CLASSES



Delivering Engaging Classes in a Short Timeframe!

**1st Wednesday of every month
from 6:30 PM to 8:00 PM**

Classes are held in the Atrium at Southwest Memorial Hospital
(Upstairs, above the hospital lobby)

1311 N. Mildred Rd, Cortez, CO 81321

Education Topics

- Labor & Childbirth
- Coping Techniques
- Breastfeeding
- Care for mom and baby after delivery
- Exclusive Tour of the Family Birthing Center



SCAN HERE

Pre-registration is required

Call 970-564-2245 to get registered or scan the QR code to register online.

<https://forms.office.com/r/1WmF6XT5xy>